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1PMB

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# My Selfie

You are important! There is nobody else like you.

## TRY THIS:

- First feel your hair.
- Now feel your ears.
- Close your eyes and gently feel your eyelashes.
- Touch your chin, lips and then rub your nose.

## NOW TRY THIS:

Look in a mirror and make a:

- Happy face
- Sad face
- Surprised face
- Angry face

## TIME TO DRAW!

A picture of yourself is called a self-portrait.

Use paper, pencils and crayons.

Start with a round shape and draw your eyes in the middle.

Add your nose, mouth, ears and hair.

Then colour it in.

Draw an interesting background, or a frame if you like.



Artists have always made self-portraits and you have too.